

Independent Living

All of our girls age 14 and older are taught the following independent living skills:

- The girls are trained on how to prepare a nutritious meal.
- Our girls prepare at least one meal a day for themselves.
- Each girl is responsible for cooking dinner for all of the residents once weekly.
- Youth on level 4 and within 3 months of completing the program are responsible for assisting with meal preparation daily.
- All cooking activity is supervised by staff.
- We give all of our girls a laundry day and they are responsible for completing their laundry on an assigned laundry day.
- Each youth is assigned daily chores.
- Staff assists residents with preparing a resume
- All residents are required to have mock interviews with staff
- During school summer vacation residents are required to attend summer school, secure employment or volunteer work.
- Residents are educated on how to set up a budget
- Upon securing employment residents are required to complete a weekly budget form.
- Residents are escorted to a bank to open up a savings account.
- Residents are required to attend tutoring four days a week after school.
- Residents prepared for Independent living are assisted with securing housing in the community